

## Your Personal Counselling Preparation Checklist

When you call or meet us for your personal counselling session with one of our specially trained counsellors, you'll be asked for important information such as your name, address, phone number and email address.

Please be prepared with:

- Income Statements
- Bank Account Information

Plus, your expenses for:

- Rent/Mortgage
- Utilities (*hydro/gas*)
- Cable/Satellite
- All Other Household Expenses
- Transportation (*car payment, insurance, gas, etc.*)
- Healthcare
- Food (*groceries, lunches, etc.*)
- Clothing/Apparel
- CDs, DVDs, etc.
- Pets
- Gym/Club
- All Other Entertainment Expenses
- Alimony/Child Support
- Education
- Savings/Investments
- Credit Card/Loan Payments

“ Our goal is your financial independence! ”